

	Daily	Weekly/Monthly	Seasonal/Annual	Special Projects
Cleaning	<ul style="list-style-type: none"> - Set the table. - Load/unload dishwasher. - Wipe kitchen surfaces. - Monitor kids' chores. 	<ul style="list-style-type: none"> - Vacuum floors. - Clean bathrooms. 	<ul style="list-style-type: none"> - Wash windows. - Clean carpets, upholstery. - Display/store holiday decorations. - Organize closets. 	<ul style="list-style-type: none"> - Recharge fire extinguishers. - Replace smoke detector batteries.
Food	<ul style="list-style-type: none"> - Make breakfast. - Make lunch. - Make dinner. 	<ul style="list-style-type: none"> - Plan meals and grocery list. - Do grocery shopping. - Stock specialty items (ex. food allergy). 	<ul style="list-style-type: none"> - Prepare holiday traditions. - Plant vegetable garden. 	<ul style="list-style-type: none"> - Can or preserve perishables.
Clothing / Housewares	<ul style="list-style-type: none"> - 	<ul style="list-style-type: none"> - Change bedding. - Load/switch laundry between washer/dryer. - Fold, put away laundry. - Send/retrieve dry cleaning. 	<ul style="list-style-type: none"> - Clean/store seasonal clothing and gear. - Replace seasonal coats/shoes. - Obtain school clothing. 	<ul style="list-style-type: none"> - Mend buttons, tears. - Prepare used items for resale or donation.
Outdoor and Garden	<ul style="list-style-type: none"> - 	<ul style="list-style-type: none"> - Mow lawn. - Empty trash. - Water landscaping. 	<ul style="list-style-type: none"> - Maintain landscaping. - Rake/Clean gutters. - Maintain/sharpen tools. 	<ul style="list-style-type: none"> - Trim trees. - Maintain mower, snow-blower.
Cars	<ul style="list-style-type: none"> - 	<ul style="list-style-type: none"> - Wash car. - Get gas. - Check tire pressure. 	<ul style="list-style-type: none"> - Schedule oil change, maintenance visits. - Replace wiper fluid/blades. 	<ul style="list-style-type: none"> - Take in for repairs. - Research and shop for new car.
Home maintenance	<ul style="list-style-type: none"> - 	<ul style="list-style-type: none"> - Notify bldg. management with repair issues. 	<ul style="list-style-type: none"> - Clear snow from drive, parking, sidewalks, roof. - Service HVAC system. - Maintain bicycles / gear. 	<ul style="list-style-type: none"> - Stock disaster supplies. - Research repair/service professionals. - Be home for professionals.
Healthcare	<ul style="list-style-type: none"> - 	<ul style="list-style-type: none"> - Schedule Orthodontic visit. - Schedule OT/PT/speech appointments. 	<ul style="list-style-type: none"> - Schedule Dental visits. - Schedule Health physical. - Enroll for insurance. 	<ul style="list-style-type: none"> - Research care providers.

KRISTIN MASCHKA

Clarify. Connect. Catalyze.

Pets	– Walking – Waste disposal – Feeding	– Arrange grooming/bathing. – Stock pet food and supplies.	– Obtain vaccinations, veterinary check-up.	– Research selection, care.
Technology	– Charge device batteries.	– Complete computer back-ups. – Troubleshoot problems.	– Maintain / replace cables.	– Research device / service upgrades.
Calendar	– Communicate day's schedule to each person.	– Update family calendar. – Review planned events.	–	–
Fun	–	– Arrange for sitters. – Schedule date nights. – Arrange family outings.	– Obtain/renew memberships. – Take/store family photos.	– Research, plan vacations.
Finances	– Monitor account balance. – Set/pay allowance.	– Review statements. – Review pay records. – Pay monthly bills on time.	– Review retirement savings – Teach kids money basics.	– Plan for retirement. – Prepare/file annual taxes.
Childcare Birth to PreK	– Transport to/from childcare or preschool. – Handle bed time routine.	– Schedule well-baby appointments. – Handle bath time.	– Obtain supplies for special school projects.	– Research childcare/ preschools.
Childcare Elementary	– Prepare snacks/lunches. – Check and help with homework. – Transport to/from school.	– Communicate with teachers and school. – Transport for lessons, sports, activities.	– Obtain supplies for assigned school projects. – Attend parent conferences. – Obtain classroom supplies.	– Research/register for lessons, summer camps, extra-curricular activities. – Pay school fees.
Childcare Middle / HS	–	– Provide job / community / extra curric transportation.	– Establish carpool arrangements.	– Establish rules and monitor tech / TV usage.
Extended Family	– Provide family elder care / other caregiving.	– Send/reply to family email and phone calls.	– Select/send holiday and birthday gifts/cards.	– Accompany on doctor visits.
Friends, Community, Religion	– Attend services.	– Attend scheduled meetings. – Keep volunteer schedule.	– Attend celebrations. – Buy, wrap birthday gifts.	–

Additional examples at <http://psychcentral.com/lib/2006/chore-war-household-tasks-and-the-two-paycheck-couple>
<http://www.kristinmaschka.com/wp-content/uploads/2011/07/HouseholdMngmntList.pdf>